

Minimal Allergen 7 Meal : Flights from Japan

First and Business Class



1st MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver <Europe> London(except Night flights), Paris, Frankfurt, Helsinki, Moscow <Australia/ Southeast Asia/ South Asia> Sydney, Melbourne, Delhi, Bengaluru, Hanoi, Kuala Lumpur, Jakarta Ho Chi Minh City (except Night flights), Bangkok (except Night flights), Singapore (except Night flights)		1)Porkballs with Tomato Sauce 2)Simmered Potato in Western Style 3)Sautéed Asparagus 4)Turmeric Rice 5)Fresh garden salad 6)Peach jelly 7)Sweet potato cookie 8)Fresh Fruits	Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato) Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch Asparagus, Rapeseed oil, Salt, Black pepper Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon Peach juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C) Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda. Melon, Pineapple, Grape fruit, Grape
<Hawaii / Guam> Honolulu, Kona, Guam <Southeast Asia> Manila(include Night flights) <East Asia> Hong Kong, Guangzhou, Shanghai (Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung, Seoul(Gimpo), Busan <Europe> Vladivostok		1)Porkballs with Tomato Sauce 2)Simmered Potato in Western Style 3)Sautéed Asparagus 4)Turmeric Rice 5)Fresh garden salad 6)Peach jelly 7)Sweet potato cookie 8)Fresh Fruits (Manila routesonly)	Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato) Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch Asparagus, Rapeseed oil, Salt, Black pepper Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon Peach Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C) Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda. Melon, Pineapple, Grape fruit, Grape
<Night flights> London		1)Tapioca Bread with Raisins 2)Pear jelly 3)Sweet potato cookie	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder. Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C) Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
REFRESHMENT			
Route	Photo	Menu	Ingredients
<North America> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas <Europe/Australia> London(except Night flights), Paris, Frankfurt, Helsinki Sydney <Night flights> Bangkok, Singapore Ho Chi Minh City		1)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
2nd MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver <Europe> London(except Night flights), Paris, Frankfurt, Helsinki <Australia> Sydney, Melbourne		1)Fried Pork with Sweet Vinegar Sauce 2)Japanese Style Braised Vegetables 3)Sautéed Pumpkin 4)Rice mixed with Japanese Mustard Spinach 5)Fresh garden salad 6)Pear jelly	Pork, Rapeseed oil, Rice Powder, Starch(Tapioca), Ginger, Garlic, Salt, Caster Sugar, Yeast extract, Onion, "SHIITAKE" mushroom, Beet oligosaccharide, Kelp extract, "SHIITAKE" mushroom extract, Beet Sugar, Bamboo grass extract, Tomato Brewed vinegar (Grape, Sugarcane, Rice), Spices, Cooking "SAKE", Dextrin, Trehalose, Baking powder Taro, Lotus Root, Carrot, "SHIITAKE" mushroom, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Starch(Tapioca), Trehalose Pumpkin, Rapeseed oil, Salt, Pepper Rice, Japanese mustard spinach, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Rapeseed oil, Ginger, Starch degradation product, Sardine, Bonito, Garlic, Root kelp powder, Trehalose Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
<Southeast Asia> Bangkok(except Night flights), Singapore(except Night flights), Kuala Lumpur, Jakarta		1)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
<Europe> Moscow <Hawaii> Honolulu, Kona <South Asia> Delhi, Bengaluru		1)Tapioca Bread with Raisins 2)Pear jelly 3)Sweet potato cookie	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder. Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C) Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
<Night flights -from Haneda> London, Bangkok, Singapore, Ho Chi Minh City <Night flights - from Kansai> Bangkok		1)Porkballs with Tomato Sauce 2)Simmered Potato in Western Style 3)Sautéed Asparagus 4)Turmeric Rice 5)Fresh garden salad 6)Peach jelly 7)Sweet potato cookie 8)Fresh Fruits	Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato) Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch Asparagus, Rapeseed oil, Salt, Black pepper Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon Peach juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C) Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda. Melon, Pineapple, Grape fruit, Grape

※There may be variations in the types of containers.