

Minimal Allergen 7 Meal : Flights from Japan

Premium Economy and Economy Class



1st MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver <Europe> London(except Night flights), Paris, Frankfurt, Helsinki, Moscow <Australia / Southeast Asia/ South Asia> Sydney, Melbourne, Delhi, Bengaluru, Manila(include Night Flights), Hanoi, Ho Chi Minh City (include Night flights), Bangkok (except Night flights), Singapore (except Night flights), Kuala Lumpur, Jakarta		1)Porkballs with Tomato Sauce	Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato)
		2)Simmered Potato in Western Style	Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch
		3)Sautéed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Peach jelly	Peach Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		7)Fresh Fruits	Melon, Pineapple, Grape fruit, Grape
		8) Yuzu Sorbet	Sugar mixed high fructose corn syrup, Yuzu juice, Yuzu peel, Glucose, Powder syrup, Stabilizer
Exclude some airports			
<Hawaii / Guam> Honolulu, Kona, Guam routes <East Asia> Hong Kong, Guangzhou, Shanghai(Pudong, Hongqiao), Beijing, Tianjin, Dalian, Taipei(Taoyuan, Songshan), Kaohsiung		1)Porkballs with Tomato Sauce	Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato)
		2)Simmered Potato in Western Style	Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch
		3)Sautéed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Peach jelly	Peach Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		1)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid,
3)Sweet potato cookie	Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.		
<Korea> Seoul(Gimpo) Busan <Europe> Vladivostok		1)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
		2)Pear jelly	Pear juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid,
<Night flights> Bangkok(except from KANSAI), Singapore		1)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
REFRESHMENT			
Route	Photo	Menu	Ingredients
<North America> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas <Europe> London, Paris, Frankfurt, Helsinki <Australia / Southeast Asia> Sydney,, Kuala Lumpur, Jakarta, Bangkok (except from NAGOYA,Night flights), Singapore (except Night flights)		1)Sweet potato cookie	Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
2nd MEAL			
Route	Photo	Menu	Ingredients
<North America/ Canada> New York, Chicago, Boston, Seattle, Los Angeles, San Diego, San Francisco, Dallas, Vancouver <Europe> London(except Night flights), Paris, Frankfurt, Helsinki <Australia> Sydney, Melbourne		1)Fried Pork with Sweet Vinegar Sauce	Pork, Rapeseed oil, Rice Powder, Starch(Tapioca), Ginger, Garlic, Salt, Caster Sugar, Yeast extract, Onion, "SHIITAKE" mushroom, Beet oligosaccharide, Kelp extract, "SHIITAKE" mushroom extract, Beet Sugar, Bamboo grass extract, Tomato Brewed vinegar (Grape, Sugarcane, Rice), Spices, Cooking "SAKE", Dextrin, Trehalose, Baking powder
		2)Japanese Style Braised Vegetables	Taro, Lotus Root, Carrot, "SHIITAKE" mushroom, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Starch(Tapioca), Trehalose
		3)Sautéed Pumpkin	Pumpkin, Rapeseed oil, Salt, Pepper
		4)Rice mixed with Japanese Mustard Spinach	Rice, Japanese mustard spinach, Yeast extract, Beet oligosaccharide, Salt, Kelp extract, "SHIITAKE" mushroom extract, Beet sugar, Rapeseed oil, Ginger, Starch degradation product, Sardine, Bonito, Garlic, Root kelp powder, Trehalose
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Pear jelly	Pear Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		1)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
<Europe> Moscow <South Asia> Delhi, Bengaluru		2)Pear jelly	Pear Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		3)Sweet potato cookie	Beet sugar, Rapeseed oil, Sweet potato powder, Maple sugar, Salt, Starch (Sago palm), Baking soda.
<Hawaii> Honolulu, Kona		1)Tapioca Bread with Raisins	Shortening (Palm), White-sorghum powder, Beet sugar, Raisins, Salt, Starch (Sago palm, Tapioca), Trehalose, Foaming agent, Baking powder.
<Night flights - from Haneda> London, Bangkok, Singapore <Night flights - from Kansai> Bangkok		1)Porkballs with Tomato Sauce	Pork, Onion, Carrot, Tomato, Sugar(Beet sugar, Caster sugar), High fructose corn syrup, Brewed vinegar(Grape, Sugarcane), Garlic, Yeast extract, Salt, Onion ex-tract, Spices, Beet syrup, Starch(Sago), Starch(Potato)
		2)Simmered Potato in Western Style	Potato, Onion, Carrot, Salt, Palm oil, Leek, Tomato, Yeast extract, Spices, Herb(Parsley, Celery), Glucose(Corn), Welsh onion, Beet sugar, Cornstarch
		3)Sautéed Asparagus	Asparagus, Rapeseed oil, Salt, Black pepper
		4)Turmeric Rice	Rice, Rapeseed oil, Salt, Turmeric, Parsley, Root kelp powder
		5)Fresh garden salad	Lettuce, Sunny lettuce, Cucumber, Tomato, Lemon
		6)Peach jelly	Peach Juice, High fructose corn syrup, Sugar, Agar, Konjac, Citric acid, Citric sodium, Flavoring, Antioxidant(Vitamin C)
		7)Fresh Fruits	Melon, Pineapple, Grape fruit, Grape
(London routesonly)			

※There may be variations in the types of containers.